

Mary Ann Iyer MD

828-884-6723

DrIyer@MaryAnnIyer.com

Career Goal

To provide patient care, expertise and leadership in an environment that fosters physician-patient relationship and wellbeing.

Education

- 2000 Internship and Residency in Internal Medicine Oregon Health Sciences University, Portland, OR
- 1997 M.D. Oregon Health Sciences University, Portland, OR
- 1984 M.A. in Psychology, Antioch University, Seattle, WA
- 1977 B.S. in Nursing, Arizona State University, Tempe, AZ

Licensure

Medical Doctor License in Hawaii (current) and North Carolina (current) and Oregon (lapsed)

Internal Medicine Board Certification, 2000 - most recent recertification done on Oct 26, 2017

DEA: current, NED in HI: current

Affiliations/Award

Alpha Omega Alpha Honor Society

ABIM

American College of Physicians

- 2000 The John A. Benson, Jr. Humanism Award; Oregon Health Sciences University
- 1997 AMWA Janet M. Glasgow Memorial Achievement Citation
- 1997 Cum Laude Oregon Health Sciences University School of Medicine
- 1997 Alpha Omega Alpha Oregon Health Sciences University School of Medicine
- 1995 Alpha Kappa Kappa Oregon Health Sciences University School of Medicine
- 1993 Volunteer Award Beaverton Schools
- 1977 Magna cum laude Arizona State University

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Experience

2012 to present: Part-time holistic health practice – currently at Elk Haven Wellness Center, Brevard, NC

In addition, during this time, I have served as:

- Contracted employment with Censeo Health: performing in-home assessments to include history, physical exam and medication review and making recommendations accordingly to participating insurance companies (current)
- Faculty at the Daoist Traditions College for Chinese Medicine, Asheville, NC, teaching HealthCare Ethics for Health Professionals
- Part-time Faculty instructor for OM Sanctuary, Asheville, NC
- Part-time instructor and mentor for students at Warren Wilson College
- Consultant for Oregon Medical Board, reviewing physician cases

7/11 to 8/12: Consultant for Department of Disabilities, State of Oregon

2000 to 2010: I worked at Samaritan Health Services, Corvallis, OR in the following capacities:

- Medical Director of Samaritan Division of Integrative Medicine, Corvallis, OR
- Internal Medicine Physician, Samaritan Internal Medicine, Corvallis, OR.

1997 to 2000: Internal Medicine Resident Physician, Oregon Health Sciences University Portland, Oregon

1990 to 1994: TB Program Manager / Epidemiologist, Oregon Health Division, Portland, Oregon

Copyright:

Mindful Eating: Mindful Life (c: 2010); with CD

- also translated and published in Germany

The Heart of Healing (c: 2008)

Seasons of the Soul (OOP)

“Jin Shin Do Acu-points Related to Muscles on the Body”, chapter in training manual for Jin Shin Do acupressure

Research Projects:

- Mindfulness as It Relates to Eating Habits
- Healing Garden Infusion Study Committee, American Cancer Grant
- Missed Opportunities for Tuberculosis Prevention, Center for Disease Control Grant

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Additional Services:

- Served as a SME (Subject Matter Expert) for Booz Allen Hamilton in the development of a White Paper for the Department of Defense for a Mindbody Program to treat PTSD (post traumatic stress disorder) in returning Veterans of war: August 2010
- Consultations for the development of Integrative Health Clinics;
 - have included: Medford Providence, OR
 - Bozeman Deaconess, MT
 - Silverton Hospital, OR
- Mediation Services for Samaritan Health Services (2 separate contracts)

Committees:

- Advisory Board Member for Asheville Natural Wellness
- Residency Program feedback for Western University of Health Sciences, Medical School and SHS
- Provided oversight and spearheaded for the planning Committee for expansion of Heartspring Wellness centers, including the building of a new building in Corvallis, and the remodeling of a building in Albany, OR
- Planning Committee for expansion of Regional Cancer Center, incorporating Integrative Medicine
- Planning Committee for Western Univ. of Health Sciences in mid-Willamette region. OR
- Comprehensive Cancer Management, Samaritan Health Services, OR
- Physicians for Affordable, Sensible Healthcare for Oregon and the nation (PASHION)
- “Watershed Health” visionary Committee with Spring Creek Task Force, OSU, OR
- CME Continuing Education Committee
- Ethics/IRB Committee
- Chairman of Healing Gardens Project (Samaritan Health Services, Corvallis, OR.)

Recent Presentations Given

Over 500 talks/lectures/workshops on health and healing. An exhaustive list is available upon request.

2016 “Health Care Ethics and Communication” semester-long course at the Daoist Traditions College of Chinese Medicine, Asheville, NC

2014 “Moving into Your Joy” day-long retreat led at Encore Physical Therapy, Corvallis, OR

“Meditative Journaling” workshop at Corvallis/Benton Co Library, Corvallis, OR

“Integrative Approach to Pain Management” CME lecture at St. Charles Hospital, Bend OR

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Community Service:

- Pro Bono home visits for patients with financial difficulties who need medical care, to include specializing in being present with those going through the dying process.
- Teach meditation classes for free or donation basis
- Served on panels for PASHION (Physicians for Affordable, Sensible Healthcare for Oregon and the Nation) to discuss and brainstorm with local physicians and the community